



Summer
2014

San Francisco State University

Retirement Association Off Campus Bulletin

SFSURA c/o Advancement Office 1600 Holloway Avenue, ADM153, San Francisco, CA 94132
Digital Version available at www.sfsu.edu/~retire

President's Message

by Tom Spencer

Welcome to the June issue of the Retirement Association's Off-Campus Bulletin. Thanks once again to the hard work of Kay McGough along with the design skills of Nancy Noble, we have an informative and attractive newsletter. Hope you agree.

Due to the completeness of this newsletter, I'd like to keep the President's Corner comments very brief. A couple of points to consider:

- Recently, it was my pleasure (with the approval of the Board) to appoint Dollye Parker-Harmon to the Board. Dollye worked for years as staff in the "enrollment services" area of the university. Welcome Dollye! We look forward to working with you.
- The Board would really appreciate members' comments about an idea we are exploring, an on-line journal for the Retirement Association (minimal cost). This idea is being proposed by Jim Kohn (see proposal later in this newsletter.) Please email us as to your interest in the idea. Should we do it? Would you contribute?
- We wish to remind those of you who may have forgotten to pay your 2014 dues yet, to please do so. The Association operates on a very tight budget where every penny counts.
- We continued our Travel Grants program this year awarding 5 faculty members \$500 each. It is a popular program and one really appreciated by the faculty/staff. Our endowment is now at about \$40,000. As we are trying to build up these endowment funds, we pay for these awards out of our operating expenses. I was just thinking that if each of us (approximately 300 members) contributed \$10, we would not only pay for the program (\$2500) but add to the endowment (\$500) as well. Just a thought.

Enjoy reading our Bulletin. Happy summer everyone. Stay safe and stay well.
See you on the Rosie the Riveter tour?????

2014 Upcoming Events



Rosie the Riveter WW II HomeFront National Historic Park

Presentation with National Park Ranger Betty Soskin. This is also a day when one or two of the original “Rosies” may be on hand to greet you.

Optional lunch at Assemble Restaurant.

When: Friday, June 27TH Cost: \$20.00

1 PM Docent Presentation: Ranger Betty Soskin

Where: 1414 Harbour Way South, Oil House, Richmond CA 94804

Directions: www.rosietheriveter.org/visit-discover/driving-directions

RSVP: June 20th

Make check payable to SFSU Retirement Association and mail to:

Zelinda Zingaro, 19164 Christensen Court, Castro Valley, CA 94546.

Questions: Email Zelinda at zeezingaro@gmail.com or call 415.602.8433.

Please include your contact information (address, phone, email) with your RSVP.

Lunch: Plan lunch for 11:30 as the restaurants in the area get very busy at Noon.

Assemble Restaurant which is right next to the museum. 510.215.6025

<http://assemblerestaurant.com/>

Salute eVita Restaurant, which is close by:

1900 Esplanade Drive, Richmond, CA 94804 510.215.0803

Late Breaking News!

On behalf of the UWA & the SFSURA

Lin Ivory has just confirmed a reservation for a unique tour of the new San Francisco 49ers Stadium in Santa Clara.

August 10th, 2014 – 12:15 PM

More details to follow & reservations will be required.



What We've Been Doing

What We've Been Doing

Our recent St. Patrick's Day luncheon was held on March 14, 2014 and welcomed 48 of our current members and guests. We were entertained by fiddler Erin Shrader and were delighted to welcome Ron Cortez, newly appointed Vice President for Administration and Finance, and Doug Hupke, recently appointed to the position of Director of Alumni Relations.



Erin Shrader, Fiddler



Doug Hupke, Director of Alumni Relations



Retired faculty, Everlyn Ballard, catches up with John Stenson, SFSURA Webmaster at the San Francisco State University luncheon in March.



Ron Cortez, Vice President for Administration and Finance



We honor and thank Yolanda Thompson, our Annual Events Coordinator for her many years of dedicated service.

Donations

Contributors to the Retirement Association Travel Grants Endowment Fund to help fund travel/professional development for current faculty and staff:

Donna Ryan

Susan Waldman

*SFSU Retirement Association
Faculty Travel Awards
April 2014*

Travel Grant Committee:

Dan Buttlare, Chair
Mamdouh Abo-El-Ata
Julian Randolph

Applications Submitted: 29		Men: 9	Women: 20
Professor: 7	Associate Professor: 10	Assistant Professor: 7	
Librarian: 1	Lecturer: 4		
Grants Awarded		Men: 3	Women: 2
Professor: 1	Associate Professor: 3	Assistant Professor: 2	

\$500 Awards Made: 5

- Diane Allen, Associate Professor, Physical Therapy
- Stephen Kane, Assistant Professor, Physics & Astronomy
- Paulina Latkova, Assistant Professor, Recreation, Parks & Tourism
- John Logan, Associate Professor, Labor & Employment
- Ravinder Sehgal, Associate Professor, Biology

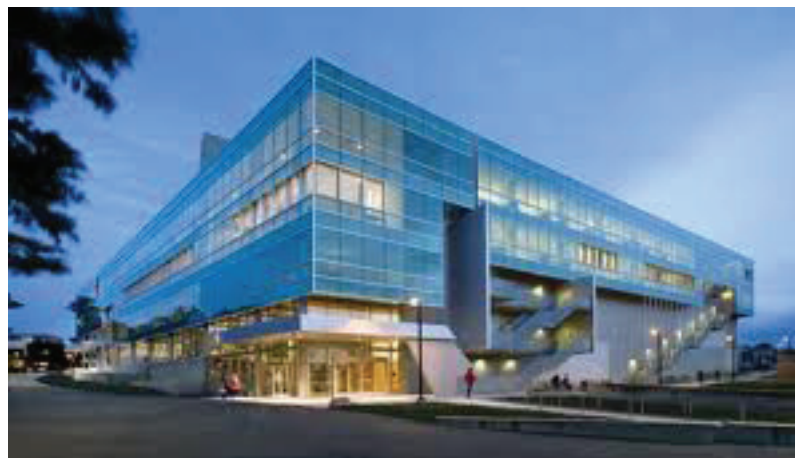
Where are all the Library Books?

If you have noticed the big changes in the SF State Library, you may wonder where we put the collections. We feature new books in the first floor lounge area and there are two floors full of books in the new west addition – but there is an “invisible” book collection below those floors – the automated library retrieval system or LRS. And, by the way, we have a wonderful new special collections area and gallery.

Before rebuilding and expanding, the CSU required either an LRS or compact shelving to save space for study and learning. Our collection is too big for compact shelving on our small campus so we have the LRS. It is fascinating to see robot cranes carry bins full of books to staff work area. I can arrange occasional small group tours of the LRS if you are interested. Would you like to see “behind the scenes” at the Library? Email: lavonne@sfsu.edu or leave a message at 415.338.6953. LaVonne Jacobsen

Friends of the Library Need You

The Friends of the J. Paul Leonard Library are seeking volunteers to help staff their on-campus Booksale Room. The Booksale Room is located behind the Peets’ Coffee concession in the Library’s first floor foyer. A volunteer’s duties are straight-forward: assist customers who wish to purchase some of the thousands of used books that have been donated to the Friends. The time commitment is one day a week for three hours: from 11 AM – 2 PM or 2 PM – 5 PM when classes are in session. Volunteers help raise funds to support SF State’s library, have ready access to some great books-bargains, and meet lots of interesting people. If you’re interested or wish further information, call the Friends’ office at 415.338.2408 or send an email to fol@sfsu.edu.



San Francisco State's History Corner

Dr. Edna Locke Barney The Quest for a Nursing Program

By: Meredith Eliassen

Dr. Edna Locke Barney (1878 – 1954) was San Francisco State's first college physician. She earned her M.D. from University of California and was active in women's clubs. Her career was substantial: she made her mark as an instructor in surgery and surgeon in charge of the Children's Surgical Clinic at the California Medical School and taught physiology and anatomy for nurses at the University Hospital; she went on to serve as Medical Superintendent at Children's Hospital, San Francisco as well as president of the Welfare Council with the San Francisco Board of Health. Barney procured a space for a new child detention home (San Francisco's Youth Guidance Center) in 1932.

San Francisco State's first President Frederic Burk hired Barney in 1919. Dr. Barney did not have to speak to have authority. She paved the way for quality health services for San Francisco State students, guided many students out of some of their darkest moments of early adulthood. Barney became Medical Director in 1923, the same year health education started when she taught physiology to future school teachers.

Barney was memorable to students because of her direct honesty and wry humor. She began teaching "Community Hygiene," in 1927, which covered federal, state, and city laws related to public health in the Biological Sciences. Barney carried a full teaching load in addition to her duties as College Physician, which included Elementary Bacteriology, Physiology and Personal Hygiene, Child Hygiene, and an interesting course (considering the dramatic changes in female college youth culture) called "Contributions of Science and Medicine to the Modern Woman." The following year, four faculty members were added to the department. Sometimes her courses were offered under different departments.

By 1936, Barney was teaching a steady course load for the Natural Sciences including human anatomy, biological growth and development (a euphemism for sex education), nutrition, and physiology. Barney saw a need for nursing training at the State College level, and had the vigor to follow this vision through so that SF State was the first to institute a degree program for nurses in the State Colleges. In 1938, a two-year pre-nursing program was offered to students interested in transferring to the nursing schools at either University of California or Stanford University. Barney organized the Pre-Nursing Club to bring nursing students together for social and educational activities. This group turned into Alpha Pi Nu. Pre-nursing curriculum of sixty units was offered in 1939 under the Liberal Arts A.B. degree called Nursing Education that included courses that Barney launched. During World War II, San Francisco State expanded its curriculum to train technicians in laboratory science for Army hospitals; technical and pre-professional liberal arts curriculum was offered for nursing, dental, medical, pharmacy, and physical therapy.

Due to a shortage of nurses on the home front, Barney asserted that the duty of women during the war was “to see that we do not become a burden to anyone else. Our first line of defense is to keep our family physically well.” Though she worked in a male-dominated profession, Barney frowned upon women taking men’s jobs during the war: “It has been a joke and a failure. The girl in the service station thinks more about her fingernails than of cleaning the windshield of your car. If women are going into these jobs, they had better streamline their looks and their minds in preparation for them.”

In 1945, the State of California passed legislation allowing State Colleges to grant general credentials for teaching in secondary schools; the nursing curriculum within the Division of Natural Sciences for graduate nurses’ program in addition to pre-nursing students going into other programs. Summer courses were offered in home nursing and first aid certification.

Barney worked under three presidents and became emeritus faculty in 1946. The Graduate nurses’ program offered in 1951 allowed students who earned the R.N. at accredited nursing schools to obtain additional training and field work for teaching nursing education. In 1953, President J. Paul Leonard established an Advisory Committee on Nursing Education made up of leaders in the nursing community representing the Board of Nurse Examiners, the director of the School of Nursing at Permanente (Kaiser) Hospital, the Chief of Nursing Services at the Veterans Administration Hospital, the Chief from the Bureau of Public Health Nursing, nursing professors from the University of California, and the director of the School of Nursing at Mount Zion Hospital to formulate policies and cross-divisional curriculum for San Francisco State under the Division of Education. Barney died November 6, 1954. By 1955, a nursing B.S. was marketed for men and women interested in nursing and prepared students for examination by the State Board of Nursing Examiners as well as a nursing B.A. for R.N.s seeking more education and a M.A. in Education, unspecified.



President Alexander Roberts (1927 – 1945) and Dr. Edna Locke Barney

Ways to save some “hard earned” pension income.

The information shown below has been compiled by unknown persons and is not guaranteed to be accurate. It has been seen, however, by various members of our association and has been “spot checked” by several. The most important element of these offers is that YOU must ASK for your discount!

RESTAURANTS:

Applebee's:	15% off with Golden Apple Card (60+)
Arby's:	10% off (55+)
Ben & Jerry's:	10% off (60+)
Bennigan's:	Discount varies by location (60+)
Bob's Big Boy:	Discount varies by location (60+)
Boston Market:	10% off (65+)
Burger King:	10% off (60+)
Chick-Fil-A:	10% off or free small drink or coffee (55+)
Chili's:	10% off (55+)
CiCi's Pizza:	10% off (60+)
Denny's:	10% off, 20% off for AARP members (55 +)
Dunkin' Donuts:	10% off or free coffee (55+)
Einstein's Bagels:	10% off baker's dozen of bagels (60+)
Fuddrucker's:	10% off any senior platter (55+)
Gatti's Pizza:	10% off (60+)
Golden Corral:	10% off (60+)
Hardee's:	\$.33 beverages everyday (65+)
IHOP:	10% off (55+)
Jack in the Box:	Up to 20% off (55+)
KFC:	Free small drink with any meal (55+)
Krispy Kreme:	10% off (50+)
Long John Silver's:	Various discounts at locations (55+)
McDonald's:	Discounts on coffee everyday (55+)
Mrs. Fields:	10% off at participating locations (60+)
Shoney's:	10% off
Sonic:	10% off or free beverage (60+)
Steak 'n Shake:	10% off every Monday & Tuesday (50+)
Subway:	10% off (60+)

Sweet Tomatoes:	10% off (62+)
Taco Bell :	5% off; free beverages for seniors (65+)
TCBY:	10% off (55+)
Tea Room Cafe:	10% off (50+)
Village Inn:	10% off (60+)
Waffle House:	10% off every Monday (60+)
Wendy's:	10% off (55 +)
Whataburger:	10% off (62+)
White Castle :	10% off (62+)

RETAIL & APPAREL:

Banana Republic:	30% off (50+)
Bealls:	20% off first Tuesday of each month (50+)
Belk's:	15% off first Tuesday of every month (55+)
Big Lots:	30% off
Bon-Ton Dept	15 % off on senior discount days (55 +)
C.J. Banks:	10% off every Wednesday (50+)
Clarks :	10% off (62+)
Dress Barn:	20% off (55+)
Goodwill:	10% off one day a week (date varies by location)
Hallmark:	10% off one day a week (date varies by location)
Kmart:	40% off (Wednesdays only) (50+)
Kohl's:	15% off (60+)
Modell's Sporting Goods:	30% off
Rite Aid:	10% off on Tuesdays & 10% off prescriptions
Ross Stores:	10% off every Tuesday (55+)
Salvation Army Thrift Stores:	Up to 50% off (55+)
Stein Mart:	20% off red dot/clearance items first Monday of every month (55 +)

GROCERY:

Albertson's:	10% off first Wednesday of each month (55 +)
American Discount Stores:	10% off every Monday (50 +)
Compare Foods Supermarket:	10% off every Wednesday (60+)
DeCicco Family Markets:	5% off every Wednesday (60+)
Food Lion:	60% off every Monday (60+)
Fry's Supermarket:	Free Fry's VIP Club Membership & 10% off every Monday (55 +)

By: Editor Jim Kohn

Our SF State Retirement Association is planning to start an on-line journal. This is your opportunity to learn about the activities of your friends in the SFSURA, and to share with us some of your interests and engagements. The issues will be free to anyone who has access to the Internet, and printed copies will be available for those who do not.

Here are some of the sections which we will include:

- **My Story:** Personal stories about our experiences. The first issue will contain remembrances of early days at the SF State campus. These will be short, about 500 words or less.
- **Photo Essays:** Whenever you take a trip, you can share with your friends your vacation experiences, your safari, your encounter with new people and places; videos, too!
- **Lifestyles:** Retirement allows us the opportunity to explore changes in our lifestyles. Yes, there IS life after work, and we want to hear what you have been up to.
- **“Where are they now?”:** If you know what has happened to your colleagues since they left State, this is your opportunity to share that information with the rest of us. We will of course respect the privacy of all individuals, but if you know where your colleagues have gone, you may want to share that news with us.
- **My Two Cents:** Here is your opportunity to share your opinion about current events, or developments at the University, with your friends. No holds barred, just let it rip, but no libel, please!
- **RSVP:** If you are interested in getting involved with writing a story or two for the on-line journal, or if you have questions about it, please e-mail our editor, Jim Kohn, who retired from the English Department in 2013, at jimkohn@sfsu.edu or phone 415.821.7475.

Report on CSU Emeritus and Retired Faculty Association (ERFA) state council meeting, April 26, 2014, By: Robert Cherny

As a reminder to SFSU Retirement Association members, belonging to our local organization does not automatically make you a member of the state organization. Instead, you must join and pay dues separately; however, a portion of your dues is remitted to our own organization. The CSU ERFA website is at <http://csuerfa.org/>. Among other things, CSU ERFA publishes a regular newsletter, the Reporter, that is also filled with information of interest to CSU retirees; it is available on the website. The website also has a variety of other useful information.

Among other functions, CSU ERFA selects the retiree member of the CSU Academic Senate (ASCSU) and also has its own liaison to the ASCSU. We heard a report from ASCSU. Under the new chancellor, Timothy White, relations between the Senate and the Chancellor and between CFA and the Chancellor have improved to the point where, this spring, in an unprecedented show of unity, the Chancellor, the Senate, CFA, and the CSU Student Association went to the legislature together to lobby for a budget increase. (Some of you may recall that the previous chancellor insisted that the CSU speak with one voice to the legislature, and that one voice be his. Others were not invited to be part of his presentation.) As I copied down the figures, the governor's budget calls for a \$135 million increase to the CSU, and the joint lobbying group asked for an additional \$95 million. Former Trustee Stanley Wang has contributed funds to reactivate the Wang Family Awards to outstanding faculty members for the next three years (\$20,000 per awardee) and is considering endowing a program that would make the awards a permanent feature. There was some discussion of the spread of student "success" fees among several campuses; these are student fees that are supposedly used to provide classes that meet graduation requirements and that, without the success fees, could not be offered. There was a discussion in which there was general consensus that such fees should properly be called tuition. There has been a study of Chancellor Reed's Early Start program, in which entering students requiring remediation are required to begin that process in the summer before they enter; it is still, however, an open question as to whether the program is cost effective. Actions by the ASCSU: a resolution, passed unanimously, endorsing emeritus status for lecturers (this is already possible at SF State); a resolution seeking to limit the ability of community colleges to offer baccalaureate degrees; a resolution on the method used by campuses to select faculty representatives to committees.

Alan Wade, the chair of the Legislative Affairs Committee, reported on his and his committee's activities with the legislature. CSU ERFA participates in the Statewide Coalition of Retired Employees (SCORE) and in the Retired Public Employees Association; the latter has its own lobbyist, Aaron Reed and Associates. They address a wide range of concerns including not only matters that affect retired state employees but also legislation that affects seniors more generally, e.g., legislation regulating nursing homes. When the council approved the budget for 2014-2015, for the first time, it included a contribution to RPEA, in the amount of \$4,800 (3% of the ERFA annual budget).

David Wagner, chair of the Health Benefits Committee, reported on the current revisions to the CSU PERS long-term care insurance program. He recommended that one should not give up one's current coverage before carefully evaluating the alternatives that are about to be

presented. The new options include both significantly reduced costs and, of course, significantly reduced coverage. He also reported on an upcoming change to CVS Caremark prescription coverage (this affects those whose medical insurance is through Blue Cross); in the name of cost containment, there will be some choices coming up regarding generic medications, and the choices will require considerably sophistication to make an appropriate choice. (I anticipate that the Reporter will provide an analysis of these changes, as it has done so in the past.)

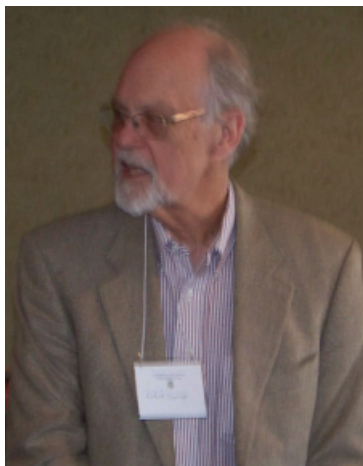
We also had a presentation by Susan Menkes and Wendy Packer, social workers affiliated with Senior Medicare Patrol (SMP), an organization dedicated to identifying Medicare fraud. Current assumptions are that 10% of annual Medicare expenditures are fraudulent, and that comes to about \$57.5 billion per year. Therefore, uncovering and stopping Medicare fraud is of interest to all of us. Medicare fraud is often a variety of identity theft. They recommended that we not carry our Medicare cards with us routinely, that we never give out our Medicare number over the telephone, that we shred (using the cross-cut type of shredder) our Medicare statements, and that we record all doctor visits to be able to compare them to our statements. They told of one woman who noticed on her Medicare statement that she had received a prosthetic leg—but she had both of her own legs; by reporting this seeming error, she set off an investigation that broke one of the largest Medicare fraud operations in the country. They also encourage us to beware of the “granny/grandpa” scam, in which one receives a call in the middle of the night, supposedly from a grandchild, who is marooned in a foreign country, needs funds, and begs not to inform his/her parents. The contact information for California SMP is www.smpresource.org or 1-855-613-7080.

We also had a brief presentation of a project done at CSU LA, in which the campus ERFA affiliate interviewed many of the former senate chairs and also a former president, to discuss the evolution, successes, and challenges facing academic governance over the years. I have a copy, on DVD, and would be happy to share it with anyone who might consider creating a similar project for our campus.

ERFA awards grants to retired faculty members. (This is a different program from our local association, which makes grants to current faculty members.) CSU-ERFA members in good standing may apply for funds to support research and creative projects that are in accordance with specified goals. Funds for these grants come from the CSU-ERFA Charitable Foundation. For more information, go to http://csuerfa.org/services.html#Grant_Awards_Program.

Barry Pasternack, a former chair of the ASCSU, was elected as the ERFA choice for the ASCSU senator representing retired faculty members.

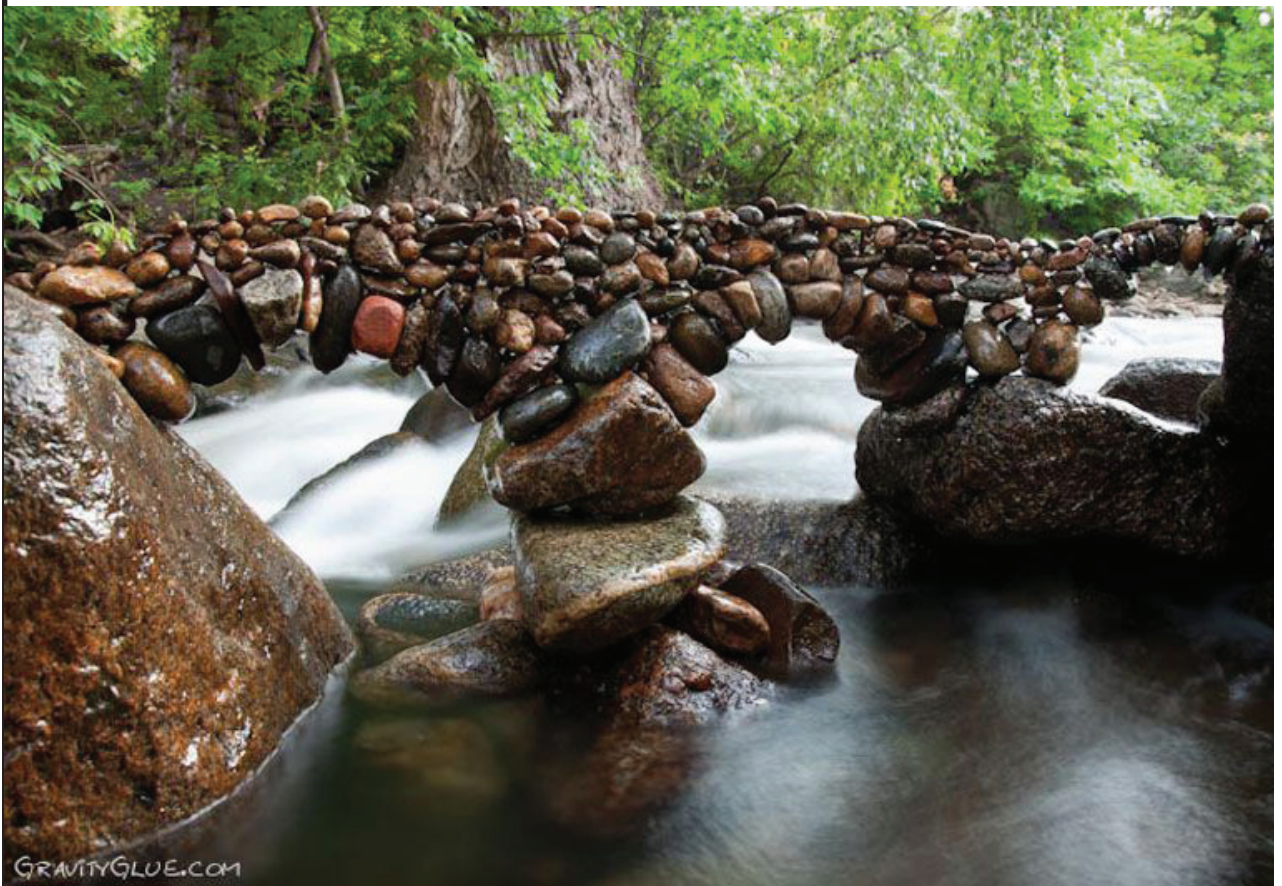
ERFA endorsed the ASCSU resolution calling for emeritus status for lecturers and endorsed an ASCSU resolution outlining conditions under which the ASCSU would be able to support current legislation permitting community colleges to offer baccalaureate degree programs (this legislation, which is not in the form recommended by ASCSU, has passed the Senate and is awaiting action in the Assembly). I had to leave to catch my flight home before the council took action on a final matter, endorsing an ASCSU resolution related to the process for selecting faculty members of committees. This resolution should be given careful consideration by the SFSU senate, as it is in opposition to the method currently used to pick members of search committees for administrators.



Bob Cherny sharing information about the the CSU ERFA meeting in April.

Balancing Your Life

Have you been able to “balance your life” as well as these rocks have done?



2014 Dues Reminder

2014 DUES REMINDER

Unless you are a life member, or have already paid your \$30.00 annual dues for 2014, your dues payment is now due. Your dues paying status is shown on the top line of the mailing label. "Life" indicates you are a lifetime member; a number indicates the last calendar year you paid annual dues (e.g. "12" means 2012). We are very much in need of your support to make our programs and activities a success. If you have any questions about your dues status, you may contact Treasurer Jim Van Ness at 650.873.4035 or by email at: jvanness1@comcast.net. In accordance with our By-Laws, those who have not paid for two years will be dropped from our membership rolls.

If you wish to make a donation to our Endowment Fund to fund future travel / professional development grants to faculty and staff, please write a separate check and mail with the below form.

Name: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email address: _____

Would you like to receive SFSU's weekly CampusMemo by email? Yes No

Would you prefer to receive the Off-Campus Bulletin by email? Yes No

I would be willing to help organize functions and/or serve on the Board of Directors
Yes No


Amount enclosed: \$30 Annual dues for 2014 \$200 Life Membership

Contribution to Endowment Fund: \$ _____ *Please write separate check*

Please make check/s payable to: SFSU Retirement Association

Mail to: Jim Van Ness, 922 Evergreen Way, Millbrae, CA 94030




 SFSU Retirement Association
 c/o Development Office
 1600 Holloway Avenue
 ADM153
 San Francisco, CA 94132

Board of Directors Officers

Tom Spencer, President

Julian Randolph, VP and Membership Director

LaVonne Jacobsen, Secretary

Jim Van Ness, Treasurer

Past President

Newman Fisher, Past President

Members at Large

Mamdouh Abo-El-Aza

Dan Buttarre

Robert Chery

Iza Goodfield, UWA Rep

Dolys Parker Harmon

Kay McGough, Membership Director/Off-Campus Bulletin

Yolanda Thompson, Annual Events Coordinator

Zelinda Zingaro, Special Events Coordinator

Nominating Committee

Dan Buttarre

Helen Whison

Jim Kohn

Travel Grant Committee

Dan Buttarre, Chair

Mamdouh Abo-El-Aza

Julian Randolph

Webmaster

John Stenson



Remember to send in your reservations
 for “Rosie the Riveter” on June 27th
 & Save the Date for the
 San Francisco 49ers
 New Stadium Tour

